

Birthday Parties – Parent Guide

Booking

Current party prices, availability, payment arrangements and any optional extras are confirmed when you book.

Party Format

Our standard party includes one hour of structured, coach-led gymnastics activities. Any additional food, cake or room-use arrangements must be agreed as part of the booking.

Numbers

The maximum number of participating children is 16 unless the club confirms otherwise in writing. This helps us maintain safe supervision and a positive experience.

Before the Party

Please provide accurate guest information requested by the club and tell us about relevant medical needs, allergies or additional support requirements before the party.

During the Party

Children must follow coach instructions and use equipment appropriately. Parents/carers should follow staff guidance and supervise any areas or parts of the booking that are not part of the coach-led gymnastics session.

Food & Allergens

Where food is brought in or provided, families must communicate relevant allergy information. Specific food arrangements should be agreed before the event.